



# “Joy of Love” Study Guide

## Chapter One - “In the Light of the World”

1. Reflect on both your childhood family experiences and your current family situation. Read Psalm 128 and reflect on the biblical family examples presented in the first chapter.
2. How does your experience both as a child and adult look similar or different from the families presented?
3. What kind of challenges has your family experienced?
4. "A Path of Suffering and Blood". Which of these biblical passages speaks to you? Take some time to look up several of these verses in your Bible. How do these passages bring you hope and comfort?
5. "The Work of Your Hands". Reflect on the jobs, duties, and work you have done throughout your life. How has your employment (or lack of employment) affected your family, extended family, and community?
6. "The Tenderness of an Embrace". How has the experience of family life brought you the tenderness, forgiveness, and mercy of God?
7. Ponder the Holy Family of Nazareth. Throughout this week, pray for ways to face your challenges with courage and serenity like the Holy Family.